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## 2020 Garden Guide: Sowing the Seeds for Big Dreams in the Garden

*New edition's bounty features the power of purple, growing hydroponic greens, the magic of mushrooms, tiny terrariums, stunning do-it-yourself table toppers, and more!*

The latest edition of the *Garden Guide* welcomes readers back to the garden with an all-new crop of fresh ideas, expert advice, and words of encouragement. Now available in print and digital editions, this eagerly anticipated annual from the editors of *The Old Farmer's Almanac* is the perfect year-round companion for seasoned gardeners or those who aspire to be.

"In every *Garden Guide*, we aim to plant seeds of inspiration and excite gardeners of all experience levels and interests to find satisfaction and success," says Janice Stillman, editor of the *2020 Garden Guide*. "Gardening is not just a pastime, but also an experience that brings pleasure and surprises every day. Whether indoors, outdoors, or in a small space, container, or family-size plot—we support and encourage any and all efforts—the opportunity to nurture nature is gloriously gratifying and fun."

According to the *2020 Garden Guide*, every edible garden should embrace the power of purple! **Purple- and red-pigmented vegetables and fruit not only are lovely to behold, but also can promote heart health and protect against chronic diseases.** The *Garden Guide* offers a bounty of options, including blueberries, eggplants, cherries, black beans, and purple varieties of carrots, cauliflower, tomatoes, and more.

Keeping the soil nutrient-rich is a challenge that every gardener faces. The *Garden Guide* suggests getting a little help from **mushrooms, which improve the health of the soil and nearby plants.** Plus, growing edible types like oyster, lion's mane, and garden giant is a cinch, even for beginners.

If space is an issue, try what the *Garden Guide* promises to be **the easiest-ever hydroponic garden. This inexpensive take on a**



**centuries-old method can be grown on an indoor table, is easy on the wallet, and takes minimal effort.** The reward of this no soil, no toil technique? Lots and lots of salad!

While gardening apps are certainly useful (hint, hint: Almanac Garden Planner), cues from nature can provide just as much information. The *Garden Guide* **dives into the wisdom of phenology and gives time-tested tips for when to plant and harvest and how to handle pests.** For example, gardeners in the southern U.S. would do well to pay attention to pecan trees. Leafed out? Time to plant!

Indoor plants can add a new twist on interior design and perk up almost any space. For example, it's easy to add color, class, and pizzazz to any indoor space in any season with the *Garden Guide's* **trio of DIY table toppers that take little effort and even less money.** Prefer to grow bigger? Think about **creating an indoor "tree house" by following tips on how to choose potted trees (or large plants) that can create a canopy of relaxing and inviting foliage anywhere!**

Succulents, air plants, and mosses are increasingly popular, especially among busy gardeners who don't have time to tend to fussier plants. Add a bit of flair to these favorites with **mini greenhouses made from candy jars, brandy snifters, candleholders, cookie jars, or almost anything that offers proper ventilation.** The plant options are also endless: African violets, dwarf impatiens, small begonias, jade plants, sheet moss, and so many more.



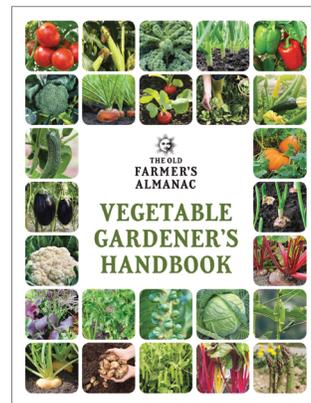
For an after-hours show, check out **plants that promise to be at their best after the Sun has set and when the Moon is full.** Plus: **homegrown alternatives to chemical fertilizers, the best way to literally share the garden, and the secret to bug-free barbecues** (it's all about the rosemary ...).

Finally, the *Garden Guide* reminds readers that **there's no wrong way to garden, except the one that stresses perfection over progress.** "Whether tidy and well-manicured or wild and natural, the best garden is the one that the gardener truly enjoys!" emphasizes Stillman.

The *2020 Garden Guide* is published annually—like its parent publication, *The Old Farmer's Almanac*—and is now available for the budget-friendly price of \$5.99 U.S./Can. at plant nurseries, home centers, and wherever books and magazines are sold. A full list of retailers can be found at [Almanac.com/wheretobuy](http://Almanac.com/wheretobuy). A digital version of the *Garden Guide*, plus other resources, is available at [Almanac.com/GardenGuide](http://Almanac.com/GardenGuide).

More and more people are taking up gardening to grow their own vegetables. *The Old Farmer's Almanac Vegetable Gardener's Handbook* is here to help every vegetable gardener—even those who have never touched a trowel and wouldn't know mulch from mud. Featuring the best proven methods for sowing, growing, and harvesting—and now available for only \$14.95—the 208-page, full-color, comprehensive *Vegetable Gardener's Handbook* will be the one resource that vegetable gardeners never outgrow.

Finally, readers can share the joy of gardening with *The Old Farmer's Almanac Garden Guide* by uploading planting photos and gardening shots and stories on Facebook, Instagram, Pinterest, and Twitter. Be sure to include #JoyofGardening or #GardenGuide.



**Editor's Note: To request a complimentary media copy of the 2020 Garden Guide or an interview with an editor, please contact Ginger at 206-842-8922 or [ginger@quinnbrein.com](mailto:ginger@quinnbrein.com).**