Contact:

Ginger Vaughan

([ginger@quinnbrein.com](mailto:ginger@quinnbrein.com))

360-620-9107

***2022 Garden Guide:* A New Year, A New Garden, A Fresh Start!**

*Brand-new edition provides expert tips for beginner and avid gardeners alike, inspires hope for a better (and more fruitful) garden, and shows readers how nature and gardening can improve quality of life for folks of all ages!*

As the blistering cold of winter winds down, the promise of spring no longer seems like a distant dream. The ***Garden Guide*** is back with its latest edition to welcome a new growing season and provide inspiration and advice for every gardener, whether last year’s garden was a blooming success, a wilting disappointment, or just never happened. The ***2022 Garden Guide,*** from the editors of *The Old Farmer’s Almanac*, is available now in digital and print!

Every vegetable gardener usually lists tomatoes at the top of their “to grow” list. The ***2022 Garden*** ***Guide*** shares some ***unique tomato tactics*** for growing the best tomatoes ever, including a quick-start solution composed of ***eggshells and hair***; ***dry farming*** (a method that forgoes irrigation and requires minimal watering); and boosting the plant’s immune system with ***fish heads and aspirin!***

Tomatoes are gorgeous and tasty, but why stop there? Consider options for ***decorative vegetables*** that are as beautiful as they are delicious! Tasty and eye-pleasing plants like crinkly, deep blue-green ‘Lacinato’ kale; striking, pale green Romanesque broccoli, with its twisting, spiral-shape heads; and ‘Purple Passion’ asparagus (purple asparagus … enough said!) add vibrant colors and textures to the yard … and dinner plate!

As most gardeners know, there is always something new to learn with every new growing season, especially when it comes to veggies! The ***2022 Garden Guide*** asks three experienced gardeners to share their ***15 best secrets for veggie gardening***. Some top tips: ***Lavish the soil*** with love (nourish with organic matter, compost, and manure!), don’t expect to ***grow a grocery store***, and get the ***kids involved!***

Speaking of little ones, love and care for nature begins at an early age, which is why **gardening with kids** is so important! It provides a deep sensory experience, lasting memories, and better mental health and physical well-being. The ***2022 Garden Guide*** includes numerous fun and rewarding activities for little ones who often want to be in the middle of the garden action and not expected to play pretend.

An important part of any garden is the little things … that pollinate it. ***Befriend the birds and bugs*** that “run the world” by ***adding native plants*** to the garden landscape. These not only ***attract beneficial wildlife*** (crucial for a thriving garden) but also provide essential energy for species-rich food webs that lead to an overall healthier ecosystem.

Interested in a more low-maintenance and “accidentally beautiful” style of gardening? Experience the ***joy of meadowcrafting!*** Meadows can be created anywhere: in a front yard or old hayfield, over a septic drain, and even on a rooftop. The ***2022 Garden Guide*** explains how to craft a meadow from an existing grassy or weedy area (scatter wildflower seeds … which can be a remarkably meditative process) or from scratch (convert a manicured lawn into a true native prairieland).

The joy of planting is not limited to the outdoors! Bring the green inside with a **dazzling houseplant** (or two) for some ***fuss-free décor*** (that might even ***lead to better sleep!***). Host an ***array of edible herb plants*** in the kitchen, cozy up to an ***elegant Chinese evergreen*** in the bedroom, and make a visual statement in the bathroom with a ***humidity-loving orchid*.**

All of this, plus ***2022 gardening trends*** (think: intentionally slow gardening, embracing “small” fruit, and focusing on the therapeutic benefits of gardening rather than speedy and perfect results), how lessons learned in life and the garden intersect, the joys of **giving a gnome a home**, the **relative ease of growing citrus fruit** (even in a tiny yard!), cultivating easy **essential culinary herbs** (with recipes!), **inviting invasive plants** to dinner, the **winners of the *Garden Guide*’s tomato recipe contest**, and much, much more!

The***2022 Garden Guide***—like its parent publication, *The Old Farmer’s Almanac*—is published annually and available for $7.99 USD/CAD online and at local booksellers. A full list of retailers can be found at Almanac.com/wheretobuy. A digital version of the ***Garden Guide*,** plus other resources, is available at Almanac.com/GardenGuide.

Also available is The Old Farmer’s Almanac Garden Planner, an online garden-planning tool that takes the guesswork out of planning, plotting, and planting any garden, no matter its size, shape, or layout. The Old Farmer’s Almanac Garden Planner—which is free to try for 7 days—can be found at Gardenplanner.Almanac.com.

Also brand-new in spring 2022 is the *Flower Gardener’s Handbook*. This bountiful, sure-to-be-essential planting guide gets to the roots of growing a flower garden that’s as lovely to behold as it is easy to maintain. The *Flower Gardener’s Handbook* is the second book in the Almanac’s gardening guide series, following the best-selling *Vegetable Gardener’s Handbook* (now in its fourth printing!).

Readers can share the joy of gardening with *The Old Farmer’s Almanac* ***Garden Guide*** by uploading plant photos and gardening shots and stories on Facebook, Instagram, Pinterest, and Twitter. We’ll all do better growing together!

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