

## REGIONAL U.S. COVER CROPS

Legumes and grasses are fast-growing ground cover crops that provide an alternative to animal manure as fertilizer to amend and improve the soil. Use in any size of garden in the late summer or early fall (after harvest) in northern areas and at any time in the South.

Region	Legume	Grass	For Erosion Control	To Block Weeds
<b>NORTHEAST</b>	alsike, red, and sweet clover; hairy vetch	annual ryegrass, Sudan grass, winter rye	clovers, oats, ryes	buckwheat, ryegrass, Sudan grass, winter rye
<b>MID-ATLANTIC</b>	crimson and red clover, hairy vetch	annual ryegrass, Sudan grass	clovers, cowpeas, ryes	buckwheat, oats, ryes
<b>SOUTHEAST</b>	crimson clover, hairy vetch, lespedeza, peas	annual ryegrass, rye, Sudan grass	clovers, cowpeas, ryes	cowpeas, oats, rye, wheat
<b>MIDWEST</b>	crimson and red clover, hairy vetch	barley, ryes, Sudan grass	barley, ryes, white clover	buckwheat, oats, rye, wheat
<b>NORTHWEST</b>	crimson clover, peas, woolly pod vetch	barley, rye, Sudan grass	barley, ryes, white clover	barley, oats, ryes, wheat, white clover, vetch
<b>CALIFORNIA</b>	bell beans, fava beans, medic mix, subterranean clover, woolly pod vetch	barley, ryes, Sudan grass	barley, cowpeas, ryes, white clover	buckwheat, ryes, white clover
<b>SOUTHWEST</b>	lespedeza, medic mix, subterranean clover	barley, buckwheat	barley, buckwheat, cowpeas, Sudan grass	barley, buckwheat, cowpeas, medic mix

